



Quarterly NEWSLETTER

About **Thanzi265**

Thanzi265 is a non-governmental organization (NGO) based in Malawi that is committed to ensuring food security and promoting sustainable farming practices. Our vision is a future where no child goes hungry, and every child has the responsibility to preserve and pass on the wisdom of food and sustainable farming

Food literacy is a tool to alleviate **Malnutrition and Poverty.**

Food literacy plays a crucial role in alleviating malnutrition and poverty by promoting healthy eating habits, sustainable farming, and an understanding of the food system. This empowerment leads to improved health outcomes, as individuals will be better equipped to manage their diets. It also contributes to poverty reduction, as communities that are food literate are better positioned to advocate for food policies that support their well-being

“Spread the Spice 2023”

We had the privilege of being part of the "Spread the Spice Event 2023" held in Trivandrum, Kerala, India. This event provided us with a valuable platform to engage with both children and their parents. Our primary aim was to educate them about the significance of food literacy. To make the learning process more engaging and effective, we incorporated interactive elements such as games, quizzes, and puzzles. These activities not only made the event enjoyable but also helped in instilling a deeper understanding of the subject matter among the participants. It was indeed a golden opportunity for us to contribute to this important cause.

A taste for change

*“Ding ding ding!” the lunch bells ring
The cheers of joy exclude
the boy who stands aside his eyes all wide
thinks of a scene at his future dream?
a food truck full life and he will survive
through a taste of change
Thanzi 2.. 6.. 5..*



Hunger hurts a child's whole world, Food fuels their body and mind ...

Hunger is not inevitable, it is a result of poverty, inequality, climate change, and other factors that deprive children of their basic right to food.

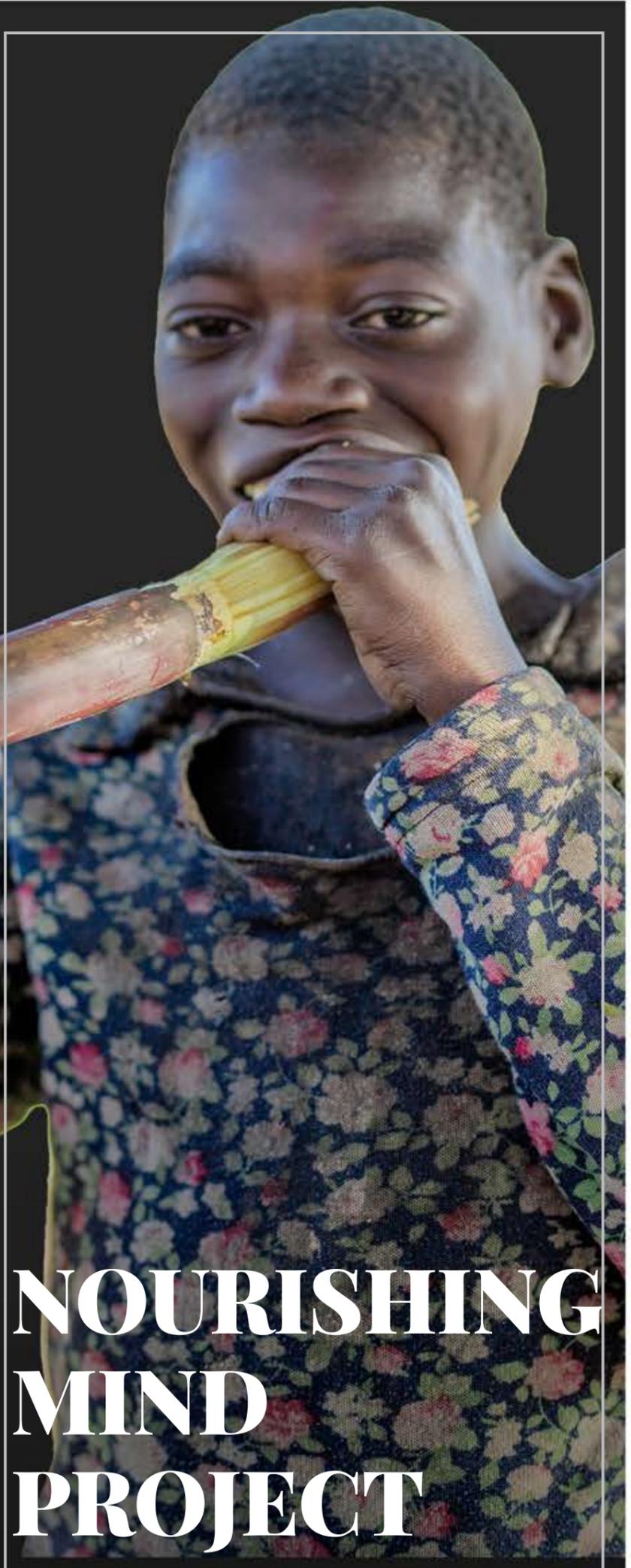
There are solutions to end hunger, such as improving agricultural productivity, empowering children with the right skills, promoting food literacy, and ensuring access to nutritious and affordable food for all.

Our pilot project of Nourishing mind will fight hunger and ensure that no child goes to bed hungry. Together we can create a world where every child has enough to eat and thrive.

You can play a part in fighting hunger by donating, volunteering, advocating or raise awareness with us .. [for more visit www.thanzi265.org](http://www.thanzi265.org)

Community Engagement

Our aim extends beyond merely providing meals to children. We strive to equip communities with the knowledge and resources needed for sustainable food production, thereby disrupting the cycle of hunger. Our efforts reflect our faith in the transformative power of collective action and the possibility of change when individuals unite for a shared cause. Our battle is not just against hunger - we are laying the foundation for a future where every child can flourish.



NOURISHING MIND PROJECT

Our work is deeply rooted in the concept of food literacy, which we see as a tool to alleviate malnutrition and poverty. We believe that every bite of food we chew has a story and that food is our sustenance, a unifying force that ties us to our heritage and is deeply intertwined with the natural world...



"THE BEST WAY TO FIGHT POVERTY IS TO EDUCATE CHILDREN, SENDING THEM TO WORK IS A SHORT-TERM SOLUTION THAT CREATES A LONG-TERM PROBLEM"